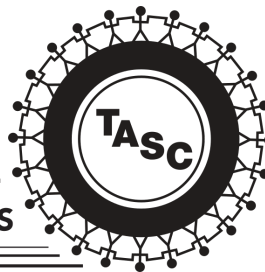


TASC'S MISSION IS TO
HELP PEOPLE MAINTAIN
THEIR HEALTH,
INDEPENDENCE, AND
DIGNITY BY MOBILIZING
VOLUNTEER DRIVERS TO
PROVIDE RIDES TO
ELIGIBLE RESIDENTS OF
THE NEW HAMPSHIRE
SEACOAST
COMMUNITIES WE SERVE.

**TRANSPORTATION
ASSISTANCE
for SEACOAST
CITIZENS**



SPRING/SUMMER
2023

Board of Directors

*Scott Blair,
President
Treasurer*

*Anne Lane
Vice President*

*Kim Saxton
Secretary*

Directors at Large

George Privé

Alan Ganz, Esq.

Jeff Davis

Paul Buntrock

Marie Caswell

Ryan Auger

Staff

*Carol Gulla
Executive Director*

*Nita Niemczyk
Program Assistant*

The Power of a Simple Ride—It's Good for Everyone!



A gentleman recently told us about a very thoughtful volunteer driver. She brought him a cupcake with a candle on his birthday and a card with a scratch ticket at the holidays. He won ten bucks! Then he grew quiet. When he spoke again he had a little hitch in his voice. "You know," he said, "TASC, the volunteers, these rides to dialysis; they're what's keeping me out of a nursing home. They're letting me stay in my home and keep my cat. She curls up right next to me at night."

"I was going through a difficult time when I found TASC. Being a volunteer driver saved me in the same way a pet owner is saved by adopting a pet! You get just as much out of it, if not more than, the client you're driving."

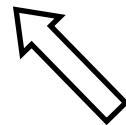
— Christina



WIRELESS ZONE[®] *gives*

Building Community

We're grateful to our friends at The Wireless Zone-Verizon Wireless Retailer. Their generous grant of \$2,500 will help our volunteer drivers stay on the road all summer long making a difference one ride at a time!



**Thank you to our
Volunteer Drivers,
our most valuable
resource!**



Sharing our rack cards is bringing in new volunteers. It's a fast and easy way to be part of Team TASC!

2022 Service Summary:

3,064 rides provided by 42 TASC volunteer drivers:

- 867 - life-sustaining kidney dialysis treatments
- 51 - cancer treatments
- 46 - counseling & behavioral health
- 612 - physical rehabilitation
- 838 - other medical visits
- 88 - dental care
- 134 - vision care
- 15 - hearing care
- 413 - personal business, social services, civic & social activities.
- 123 - rides required TASC's wheelchair accessible minivan

6% of rides requested were unfilled

**TASC volunteer drivers drove 53,431 miles
and donated 2,948 hours**



Introducing our three new Board Members

Ryan Auger

Ryan is a 2015 graduate from UNH with a Bachelor's degree in Nursing. He has 8+ years of experience serving in the acute care hospital setting at Exeter Hospital. Ryan has functioned in various roles from a Staff RN, Charge RN, Nursing House Supervisor, and currently works as a Clinical Practice Leader (Nurse Manager). In his personal time, he enjoys fly fishing, spending time with friends and family, and attending sporting events.



Paul Buntrock

Paul has lived in New Hampshire for over forty years and raised his children here. He has traveled the world for his job in Information Technology. Paul currently works for the world's largest ad agency as a vice-president. He brings personal experience to TASC. "I've had the worst imaginable health issues over the last three years. For much of this time I couldn't drive. TASC has made my life livable during this time."



Marie Caswell

Marie's work has always focused on making a difference. She taught in Dover and Stratham elementary schools. She's now teaches literacy at Sanborn Regional Middle School in Kingston. With community service in the forefront, she volunteered for the Barbara Bush Foundation for Family Literacy, and participated in the Maine Cancer Society "Tri for a Cure" relay triathlon for 3 years. Other passions include event management, freelance writing, and interior design. Marie loves raising her daughters on the Seacoast. "For 30 years this has been my home. I'm excited to serve my community in new ways."



Volunteer drivers are always needed!

- You decide how many rides you're able to give.
- You choose where you drive.
- You decide the time of day that works for you.

If you can't be a driver, we hope that you'll find a way to support TASC.

There is always something you can do:

- Help spread the word that TASC needs more drivers
- Like us on Facebook ...
- Like us on Instagram ...
- Share our posts!

With your help TASC can continue strengthening our communities by helping our neighbors in need of a lift!



Help spread the word by sharing the enclosed volunteer rack cards.

You are part of Team TASC!

On March 9, 2023 TASC Volunteer Driver, MaryEllen, shared her stories as a TASC driver with the Greenland Women's Club.

Her stories and insights were engaging to the group. The conversation she had put a spotlight on the good work of our non-profit program and our need for more drivers. It underscored the benefits that TASC brings to our passengers and to the overall health of the eleven towns we currently serve.